100 reasons you know you drink too much coffee is if......

- 100. Juan Valdez named his donkey after you.
- 99. You are in Juan Valdez's will.
- 98. You ski uphill.
- 97. You get a speeding ticket even when you're parked.
- 96. You speed walk in your sleep.
- 95. You have a bumper sticker that says: "Coffee drinkers are good in the sack."
- 94. You answer the door before people knock.
- 93. You haven't blinked since the last lunar eclipse.
- 92. You just completed another sweater and you don't know how to knit.
- 91. The only kitchen appliances you own are made by Mr. Coffee.
- 90. You grind your coffee beans in your mouth.
- 89. You sleep with your eyes open.
- 88. You have to drink coffee just so you can sleep.
- 87. You have to watch videos in fast-forward.
- 86. The only time you're standing still is during an earthquake.
- 85. You can take a picture of yourself from ten feet away without using the timer.
- 84. You lick your coffeepot clean.
- 83. You spend every vacation visiting "Maxwell House."
- 82. You open your dish cabinets and there are only mugs.
- 81. You're the employee of the month at the local coffeehouse and you don't even work there.
- 80. You've worn out your third pair of tennis shoes this week.
- 79. Your children are afraid to come near you until you've had your first cup.
- 78. Your deep blue eyes are now shallow brown.
- 77. You tear open bean bags just to be sure.
- 76. You have monogrammed coffee filters.
- 75. Your blood type is $C_8H_{10}N_4O_2$.
- 74. Lightning strikes you and the lightning gets perked up.
- 73. Your eyes stay open when you sneeze.
- 72. You chew on other people's fingernails.
- 71. The nurse needs a scientific calculator to take your pulse.
- 70. Your T-shirt says, "Decaffeinated coffee is the devil's coffee."
- 69. Every shirt you own has coffee stains on it.
- 68. You're so jittery that people use your hands to blend their margaritas.
- 67. You can type sixty words per minute with your feet.
- 66. You can jump-start your car without cables.
- 65. Cocaine is a downer.
- 64. All of your kids are named "Joe."
- 63. You don't need a hammer to pound in nails.
- 62. Your only source of nutrition comes from "Sweet & Low."
- 61. You don't sweat, you percolate.
- 60. You buy Half & Half by the barrel.
- 59. You've worn out the handle on your favorite mug.
- 58. You go to AA meetings just for the free coffee.
- 57. You walk twenty miles on your treadmill before you realize it's not plugged in.

- 56. You forget to unwrap candy bars before eating them.
- 55. Charles Manson thinks you need to calm down.
- 54. You've built a miniature city out of little plastic stirrers.
- 53. People get dizzy just watching you.
- 52. When you find a penny, you say, "Find a penny, pick it up. Sixty-four more, I'll have a cup."
- 51. You've worn the finish off your coffee table.
- 50. The Taster's Choice couple wants to adopt you.
- 49. Starbucks owns the mortgage on your house.
- 48. Your taste buds are so numb you could drink your lava lamp.
- 47. You're so wired, you pick up AM radio.
- 46. People can test their batteries in your ears.
- 45. Your life's goal is to amount to a hill of beans.
- 44. Instant coffee takes too long.
- 43. You channel surf faster without a remote.
- 42. When someone says, "How are you?" and you say, "Good to the last drop."
- 41. You want to be cremated just so you can spend the rest of eternity in a coffee can
- 40. You want to come back as a coffee mug in your next life.
- 39. Your birthday is a national holiday in Brazil.
- 38. You'd be willing to spend time in a Turkish prison.
- 37. You go to sleep just so you can wake up and smell the coffee.
- 36. You're offended when people use the word "brew" to mean beer.
- 35. The only gift you get for Valentine's Day is chocolate covered coffee beans.
- 34. You name your cats "Cream" and "Sugar."
- 33. You get drunk just so you can sober up.
- 32. You speak perfect Arabic without ever taking a lesson.
- 31. Your Thermos is on wheels.
- 30. Your lips are permanently stuck in the sipping position.
- 29. Your hand is permanently shaped to hold your mug.
- 28. You drink instant coffee through a straw -- without water...
- 27. You have a picture of your coffee mug on your coffee mug.
- 26. You can outlast the Energizer bunny.
- 25. You short out motion detectors.
- 24. You believe that the coffee bean is a vegetable.
- 23. You have a conniption over spilled milk.
- 22. You don't even wait for the water to boil anymore.
- 21. Your nervous twitch registers on the Richter scale.
- 20. You think being called a "drip" is a compliment.
- 19. You can thread a sewing machine, while it's running.
- 18. Having the shakes from drinking too much coffee is your major form of exercise.
- 17. You don't tan, you roast.
- 16. You don't get mad, you get steamed.
- 15. You get a tax break for all of the coffee you bought.
- 14. You believe if your spouse makes bad coffee it is grounds for divorce.
- 13. The dishes in your house are all coffee cups.
- 12. Your three favorite things in life are...coffee before, coffee during, and coffee after.
- 11. Your lover uses soft lights, romantic music, and iced coffee to get you in the mood.

- 10. You can't ever remember your second cup.
- 9. Your coffee cake must have coffee in it.
- 8. If it came down to it, you would choose coffee over food.
- 7. You help your dog chase its tail.
- 6. You think Foldgers crystals have healing power.
- 5. You soak your dentures in coffee overnight.
- 4. Your coffee mug is insured by Lloyds of London.
- 3. You introduce your spouse as your coffeemate.
- 2. You think CPR stands for "Coffee Provides Resuscitation."

And the number one reason you know you drink too much coffee is if your first-aid kit contains two pints of coffee with an I.V. hookup.

